

1. What has been holding you back from achieving your success/dreams?

Be very honest to your self in answering this question, mention all the patterns / events that have been taking place in your life

1. What can you do to make sure that you change the outcome of those events, and prevent them from stopping you from achieving your success / dreams?
2. What is the single most important step you can take right now to change those patterns?
3. What is your new story that will replace the old story you have been telling yourself for all those years?